



WINTER NEWSLETTER

Resicare Society of Calgary

December 2015

Hello Everyone,

We would like to extend a warm welcome to the new client and staff members who have recently joined our team!

A big welcome to: Kim Tucker, Elaine Durand, Aneesh Joseph, Andy Zoboski, Evelyn Adelabu, Gail Janjua, Jaspreet Kaur, John Samuel.

We wish you all a Merry Christmas and hope you all enjoy a wonderful holiday season with friends and family and we wish you good health, peace and happiness for the New Year!

If you have information you would like to share in the newsletter, please contact me at ajozsa@resicare.org



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Tax Deduction for Charity Donation

Resicare is a registered charity and can issue tax receipts for any donations made to the society.

Your support is greatly appreciated!

Anniversaries with Resicare this Winter

Micheal Little 1994 December
Nancy Provost 1997 January
Bradley Burns 1998 February
Kim Heywood 2006 February
Janarthan Chandrasekaran 2011 December
Jennifer Abar 2012 February

Ani Hynes 2013 February
Mirka Smidova 2013 December
Cristie Krause 2014 January

So glad you are part of our team! Happy Anniversary!

Clients Birthdays with Resicare this Winter

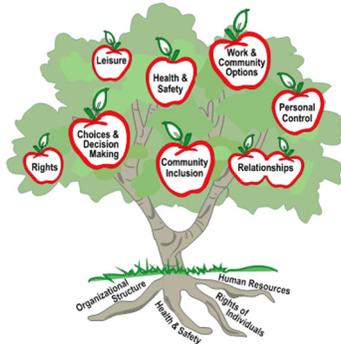
Randy Martin December 27th	Frank Barbaro February 4th	Darren Taylor February 21st
Seamus Howlett December 28th	M. J. Dunn February 6th	
Michael Jorgensen December 29th	Brenda O'Connor February 9th	
Rasica Raju February 2nd	Phillip Lee February 17th	

Happy Birthday from all of us at Resicare Society!





Creating Excellence Together (CET) Preparation



In March 2016, Resicare Society of Calgary will be surveyed by the Alberta Council of Disability Services (ACDS) in order to meet the Certification Standards called "Creating Excellence Together". In order to continue being funded by PDD - Calgary Region, Resicare has to meet these standards every three years. They randomly select about 8 - 10 clients from the agency. They will interview those clients and their support network. They also go through all the policies and procedures, all files (staff and client), finances, health and safety, programs, support plans, and all systems that we have in place for the organization.

To measure the Quality of Life Standards, surveyors conduct in-depth conversations with a representative sample of individuals receiving service, some of whom may have varying limitations in their ability to verbally communicate. Information concerning the individuals' quality of life may also be gathered from family members, guardians, and/or friends who are able to advocate for the individuals and/or speak on their behalf. As much as possible, the conversations will take place in a relaxed environment

that is most comfortable for each of the survey participants.

For the Quality of Service Standards, information is gathered through conversations with staff members who directly support the individuals who participate in the Quality of Life conversations. The focus of these conversations is on the direct supports that staff provide to the individuals.

The Organizational Framework Standards are measured by reviewing the information and evidence the service provider submitted that indicates how its organizational processes align with these standards. In addition, a meeting will be held with the key management group or leadership staff to clarify and confirm the framework and process that supports the organization's operations.

Following the completion of a survey, the results are documented in a report along with any commendations or recommendations.

Stakeholders who are interested in viewing the results of the CET survey please contact Dianne Jackson at 403-286-3709 ext. 2.

CET is fast approaching and we would like to recognize Tanya Bastarache and Alanna Ikonov for the wonderful job they are doing in preparing for the accreditation. Keep up the good work!

New Vulnerable Person Registry

The Calgary Police Service has created a new database that allows people to voluntarily submit their information if they have a physical, mental or medical condition that they may require special attention in an emergency.

The information in the registry can then be accessed by first responders, through Calgary's 9-1-1 centre, when a vulnerable person is in danger or distress due to an emergency or disaster.

The information required is a person's name, date of birth, physical description, contact information, methods of approach / communication, a photo of person's face and a description of any life-



threatening medical conditions. Calgary Police have assured everyone their privacy will be protected and the information provided will only be used by first responders to help the individuals and those providing care.

This information must be updated annually or it will be removed from the database.

The Vulnerable Person Self-Registry is an initiative that was spearheaded by the Diversity Resource Team in an effort to better-serve Calgary's persons with disabilities. Consulta-

tions were held with several community organizations and within the Calgary Police Service to develop the program that will help ensure critical information about people with disabilities can be quickly accessed.

Resicare feels it would be in everyone's best interest to register all individuals we support with this registry. A consent memo has been sent to all guardians please ensure this is returned by the beginning of January so we can begin registering everyone.

First Aid CPR Training

There will be an upcoming First Aid/CPR Training Course being held at Resicare's office on Saturday, March 12th, 2016 for staff, family or respite. This will be a full day course from 8:30am-4:30pm.

For any information, call Nadia at 403-286-3709 ext. 3. or by email at nkunz@resicare.org.





Mayors 27th Annual Christmas Food Drive 2015

Resicare is pleased to announce our participation in this annual event.

Throughout the month of December please help our neighbors in need by dropping off non-perishable food donations at any of the following locations:

House #1 – 7625 35 Ave NW

House #2 – 4639 69 St NW

House #2 – 8931 36 Ave NW

Please give. Donate. Together we are stronger.



Current Positions Available with Resicare



Please telephone Nadia Kunz our HR/Payroll Assistant directly at 403-286-3709 ext. 3 to check current positions available within Resicare.

You can also forward your inquires to her via email at nkunz@resicare.org. If you need to meet with Nadia, please make an appointment in advance.

Updating Contact Information

This is just a reminder to please inform Resicare about any change in your contact information that occurs. This is including and but not limited to your telephone numbers, email address, and mailing address.

Thank you

Things to do in Calgary

The holiday season is in full swing, get out and enjoy what Calgary has to offer this holiday season!

- Christmas Craft Fairs and Markets—There are numerous craft fairs and markets throughout the Christmas season, so whether you are looking for unique gift ideas or to get into the holiday spirit this will surely do the trick.

- Christmas Carols and Concerts—such a Christmas tradition and what better way to enjoy your favorite Christmas carols. Various churches, groups, and performers put on wonderful concerts all throughout the Christmas season.

- Theatre/Christmas Plays/Events—Always a wonderful source of entertainment and fun for the entire family to enjoy. So whether you would like to enjoy the Nutcracker or a

Christmas Carol, Calgary offers a variety of entertainment options.

- Enjoy the beauty of Christmas lights throughout the city; whether it is the infamous zoo lights or taking a drive out to Canmore, there are always many beautiful displays in and around the city.

- Winter Activities and Events—There are always a variety of winter activities to do in the city or you can head to the mountains to enjoy Banff or Canmore; Skating, Skiing, Snowshoeing, Hiking... the options are endless!

- New Years eve in Calgary

For more information on these events check out the following link:
<http://www.todocanada.ca/christmas-carols-events-lights-markets-in-calgary/>





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Accommodation Standards/CET

Alanna Ikonov

Tanya Bastarache

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Jagdeep Dhindsa

Mary Rawson

Melissa Curan

Gingerbread Snowflakes

Ingredients:

- 2/3 cup molasses (not robust)
 - 2/3 cup packed dark brown sugar
 - 1 tablespoon ground ginger
 - 1 1/2 teaspoons ground cinnamon
 - 1/2 teaspoon ground allspice
 - 1/2 teaspoon ground cloves
 - 2 teaspoons baking soda
 - 2 sticks (1 cup) unsalted butter, cut into tablespoon pieces
 - 1 large egg, lightly beaten
 - 3 3/4 to 4 cups all-purpose flour
 - 1/2 teaspoon salt
 - Decorating icing
- Special equipment: assorted 2- to 3-inch cookie cutters (preferably snowflake-shaped); a metal offset spatula; a pastry bag fitted with 1/8- to 1/4-inch plain tip (optional)



Preparation

1. Bring molasses, brown sugar, and spices to a boil in a 4- to 5-quart heavy saucepan over moderate heat, stirring occasionally, and remove from heat. Stir in baking soda (mixture will foam up), then stir in butter 3 pieces at a time, letting each addition melt before adding next, until all butter is melted. Add egg and stir until combined, then stir in 3 3/4 cups flour and salt.
2. Preheat oven to 325 °F.
3. Transfer dough to a lightly floured surface and knead, dusting with as much of remaining 1/4 cup flour as needed to prevent sticking, until soft and easy to handle, 30 seconds to 1 minute. Halve dough, then wrap 1 half in plastic wrap and keep at room temperature.
4. Roll out remaining dough into a 14-inch round (1/8 inch thick) on a lightly floured surface. Cut out as many cookies as possible with cutters and carefully transfer with offset spatula to 2 buttered large baking sheets, arranging them about 1 inch apart.
5. Bake cookies in upper and lower thirds of oven, switching position of sheets halfway through baking, until edges are slightly darker, 10 to 12 minutes total (watch carefully toward end of baking; cookies can burn easily). Transfer cookies to racks to cool completely. Make more cookies with remaining dough and scraps (reroll once).
6. Put icing in pastry bag (if using) and pipe or spread decoratively onto cookies.

Cookies keep in an airtight container at room temperature for 3 weeks.

 <p>7625 35 Ave NW Calgary, AB T3B1T4</p> <p>Phone: 403-286-3709 Fax: 403-286-6754 Email: resicare@resicare.org</p>	<p>Our Mission: Resicare Society of Calgary strives to be a leader in the delivery of comprehensive integrated high quality support services.</p> <p>Our Vision: Resicare Society of Calgary will be an innovative and integral support service striving for excellence in the services provided.</p>
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I hope you have enjoyed this month's newsletter. If you have something you would like included in an upcoming newsletter, please feel free to contact me. I can be reached through email at ajozsa@resicare.org.

Sincerely,
Annamaria Jozsa