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RESICARE NEWS



Welcome to our Winter Newsletter!

In this winter edition, we wanted to share with you the fun events our clients participated in.

If you have anything you want to share in our newsletter, please let me know!

Nadia Kunz nkunz@resicare.org 403-286-3709 x 101

Client Birthdays with Resicare!

- Jan 14 — Brian Ryder
Jan 16 — Bill Baker
- Feb 6 — MJ Dunn
Feb 9 — Brenda O'Connor
Feb 11— Randy Ivanchuk
Feb17 — Phillip Lee
Feb 20 — Rasica Raju
Feb 21 — Darren Taylor
- Mar 5 — Alan Braithwaite
Mar 26— Katie Cadman



We would like to welcome 5 new employees to Resicare!

- Michelle W
Gurinder S
ShayLynn S
Renata J
Eden S



Medication Administration Course - The employees who have not started their Med Admin, please do so as soon as possible as vouchers do expire and you will need to be re-registered.

HR Downloads Training - Please complete outstanding trainings as soon as possible.

Emergency First Aid/CPR - Nadia will register employees at a location near you through <https://titanhealth.ca/first-aid-courses/emergency-first-aid/> An email will be sent to the employee.

Alberta Food Safety Basics - Instructions have been emailed to the employees who require this training.

Resident and Family Council Act

Resicare Society of Calgary, in compliance with the Resident and Family Council Act, invites all residents and their families to form a council should they so desire. This council is welcome to meet on a regular basis to discuss concerns, suggestions, or ideas for the homes. Resicare supports all opportunities for individuals and their families to voice concerns and create a better way to solve problems and come up with ideas for improvement .

Canada Alberta Job Grant

Throughout the past year, Resicare Society of Calgary, has continued to access the Canada Alberta Job Grant to fund employee training. This is an employer-driven program open to all those working in the private and not-for-profit sector. Through this program employees are able to access training from a number of providers for one-third the normal price. The other two-thirds are covered through the Grant, which is funded by the government of Canada.

Please contact Dianne Jackson if you are interested in any training.

djackson@resicare.org 403-286-3709 x 102

Congratulations
on your
Sobriety!

Your strength and determination
to overcome addiction is truly inspiring.
— Keep shining and never forget —
the incredible progress you have made.

♥ ♥ ♥ This card serves as a ♥ ♥ ♥
Reminder that you are loved,
supported, and capable of achieving anything.
Stay strong and keep moving forward.

You Got This!



Happy Birthday Brian!

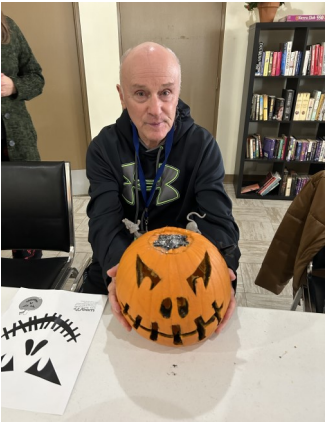


A big shout-out to ShayLynn for her
awesome workouts at the Dome.

We really appreciate your time and
support as our staff and clients really
enjoy it!



Halloween Fun



Lifetime Achievement Award

5 AWARDS ARE GIVEN OUT TO COACHES AND SUPPORT TEAMS



Special Olympics recognizes the achievements of all participants, including coaches and support teams. Each year, two athletes, two coaches and one team are honoured not just for their competitive achievements, but for their true embodiment of the Special Olympics' spirit of inclusion and accommodation.

The Frank Selke Jr. Fundraising Volunteer of the Year Award honours the efforts and contributions of a volunteer directly involved with making the Games a lifetime success. The Rob Plunkett Law Enforcement Torch Run Award, named after the late Detective Constable Robert Plunkett of the York Regional Police, honours a law-enforcement official who has given their time and efforts to the Special Olympics cause. The recipient of the Dr. Frank Hayden Athlete Lifetime Achievement Award exemplifies the same determination, goals and care for the Special Olympics as Hayden showed through his contributions to making them a success.

Activities in and around Calgary

Stage West Theatre Restaurants presents Step by Step

See the [evolution of the greatest boy bands](#) unfold from the Beatles to The Bee Gees, to the New Kids on the Block, and finally on to *NSYNC and the Backstreet Boys.

Where: Stage West Calgary

When: Until February 4

The Penguin Walk

Back for 2024, you can see the king penguins outside of their habitat as they take a royal promenade through zoo grounds! [The Penguin Walk](#), presented by WestJet, offers the king penguins an opportunity for winter enrichment as well as additional daily exercise. Up to fourteen king penguins will participate in the daily march!

Where: Wilder Institute/Calgary Zoo

When: Until March 15

The Beach Boys Of Summer

Jubilations Dinner Theatre presents [The Beach Boys of Summer](#). Get ready to be transported back to summer with a show that celebrates the iconic Beach Boys and their timeless sound. So grab your sunglasses and get ready to feel the warmth of the sun and the sound of the surf as we take you back to the beach for an unforgettable night.

Where: Jubilations Dinner Theatre

When: Until March 23

In the Heat of the Night

The [30th annual In the Heat of the Night](#) is an unforgettable zoo-nique experience and the perfect way for you and your special someone to enjoy a date night out. Start the evening with a romantic four-course dinner as they turn up the heat with a cheeky "adults-only" presentation (with pictures) about how animals show their love in the wild.

Where: The Wilder Institute/Calgary Zoo

When: February 10 & 14

Funny socks and bracelet making



Snow Globes



Making Gnome's

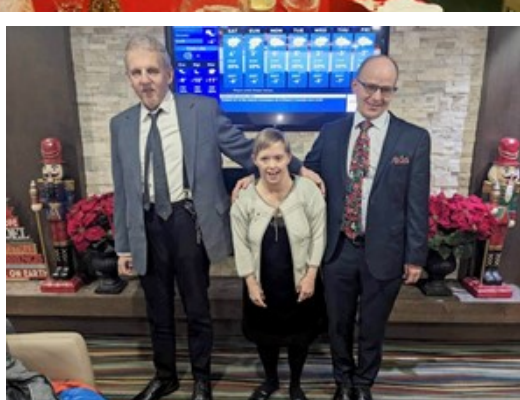


Christmas Party at the Dome





Resicare Christmas Party



Update Contact Information

A friendly reminder to please inform Resicare about any changes to your contact information.

Telephone numbers, email address and mailing address. You can send your changes to Nadia Kunz at nkunz@resicare.org

Resicare’s Insurance

Resicare’s Insurance covers all House contents owned by Resicare.

Clients room contents are the responsibility of their Families / Guardians.

This insurance can be purchased as an add on to your home insurance plan.

Health and Safety Act

The Alberta *Occupational Health and Safety* (OHS) Act establishes minimum standards for healthy and safe practices in Alberta workplaces. Changes to the OHS Act improve the OHS system to better protect workers and ensure they have the same rights and protections as other Canadian workers. These rights include:

Right to Know – This right guarantees that employees can ask questions about health and safety at work and be informed about hazards – and protections from hazards – that concern them.

Right to Participate – To participate in workplace health and safety allows employees to get involved in maintaining and improving health and safety in their own workplace.

Right to Refuse – To refuse unsafe work ensures that employees are protected from punishment or threat of punishment if they refuse to do work because of a sincere belief that work threatens their own or anyone else’s health or safety.

The *Right to Participate* ensures all workers have a voice by expressing their concerns with a **Joint Work Site Health and Safety Representative**. At Resicare Society of Calgary each Group Living Home has a Health and Safety Representative working in conjunction with the management team.

Your Joint Worksite

Health and Safety Representatives are:

- Sheetal Guleria – House #1
- Paulina Ferdyn – House #2
- Melissa Curran – House #3

Additional Unbiased / Neutral Representatives are:

- Melissa Curran - Group Living Coordinator
- Jagdeep Dhindsa - Outreach Coordinator
- Annamaria Jozsa - Outreach Coordinator

This list can be found posted at all Resicare Society Worksites’ Bulletin Boards

More information can be found at <https://www.alberta.ca/occupational-health-safety.aspx> or by calling the **OHS Contact Centre toll free throughout Alberta 1-866-415-8690**

Current Positions Available

Please contact Nadia Kunz in HR to check current positions available within Resicare.

403-286-3709 x 101 nkunz@resicare.org

Resicare is a registered charity and can issue tax receipts for any donations made to the society. Any support that you are able to give is always greatly appreciated!